

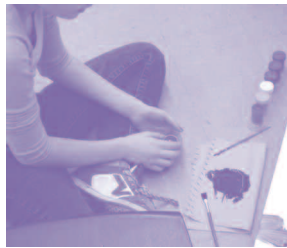


What We Do Programs Include:

Residencies: Experiential programming brought to middle, high schools, and colleges. Participants interact to create expressive pieces, which explore sensitive topics. These creative activities are fun, thought provoking and ultimately increase empathy and understanding.

Teen Ensemble: Teens perform original drama, music, dance and poetry in schools and other venues, to address bullying, domestic violence, sexual abuse, and co-occurring issues pertinent to teens and families.

Tracing: Guided creative exploration involving energy and breathing work, movement and creative expression for healing, and mind/body integration. Available for individuals, families or groups.



Publications:

“On Our Way” is a moving anthology of written works composed by SafeArt participants, 2000-2010.

“Making SafeArt” is a curriculum guide for bringing SafeArt methods into schools, businesses and communities.

SafeArt believes that the arts play a powerful role in preventing and healing from abuse.

Healing Arts for Women Groups: Community groups for women who have experienced trauma of any sort to foster healing through dialogue, expressive arts and sisterhood.

Artist Mentoring Program (AMP): AMP connects youth with adult artists in a medium of their interest. Beyond engagement in artistic expression, these pairings provide mentoring, and even apprenticeships.

LISO Teen Group (Looking Inward, Speaking Out): A safe afterschool environment for activist artwork and self-expression.

“Making SafeArt” Training: Trainings provide a diverse set of adaptable tools to help teachers, therapists, social workers and anyone else integrate creative expression into their work and personal self-care.



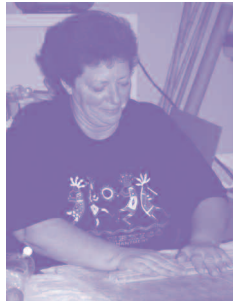
Altus Healing Arts

SafeArt has created ALTUS, a vibrant community center in downtown Chelsea, Vermont. Many SafeArt programs are held here, as well as a variety of other activities that promote self-care, empowerment and education that include, but are not limited to tutoring, yoga, massage, reiki, summer camps, dance, weaving and drumming classes.



SafeArt offers group and individual healing, unique performances, creative workshops, and leader training. All these programs are designed to educate, to inspire and to heal people and their communities. Both participants and those who witness their work report:

- Learning to communicate about difficult topics with peers, teachers and families.
- Expressing hurt... fear... love... anger.... & hope in positive and healthy ways.
- Realizing that they are not alone.
- Seeing the benefits of connecting with others in meaningful activity.
- Discovering that everyone can imagine and create.
- Understanding the value of empathy rather than judgment.
- Increasing self-esteem and sense of self.
- Improving self-confidence in relationship choices.



- Strengthening the conviction that there is no excuse for abuse.



What They're Saying About SafeArt:

Teachers...

"Abuse comes in many shapes and forms. We've all been involved. SafeArt halts the destructive, repetitive cycle of all forms of abuse."
Michael Livingston, Head of School, The Sharon Academy

Students...

"Thank you for coming to our school and teaching me about the different kinds of violence and...about things I didn't even consider violence or abuse."
Dani

"You helped me realize that no one should be scared to talk about what happened to them in the past. You helped me overcome my fear. P.S. I did get help about it."
Brittany, WUMS

"I thought that it was amazing that kids were willing to open up and say that they had been involved with abuse. That has really inspired me to tell somebody when someone I know is getting abused."
Kily, RUHS

Practitioners...

"SafeArt's intervention programs reach out to children, teenagers, mothers, fathers, teachers, everyone in the community. To stop abuse, you need to do it all."
Wynona Ward, Lawyer and Founder of Have Justice Will Travel

"SafeArt has the ability to transcend senseless tragedy and create hope through living lessons."
Mary Fijfield, Battered Womens' Services, Montpelier, VT

SafeArt believes that it is important for all members of the community to have access to our programs. We offer scholarships or sliding scale fees to make these opportunities available to all. SafeArt operates as a not for profit organization.

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SafeArt

Engaging the transformative power of the arts to prevent and heal abuse and other traumas